

吳振康

Sifu NG Chun Hong



During my travels to many countries, I receive much interest about my Sifu NG Chun Hong.

Many people have heard of Sifu NG's teachers - JIU Wan, LOK Yiu, and WONG Sheung Leung, and as such, they are keen to know more about Sifu NG Chun Hong.

There are also many internet viewers – in particular from a Wing Chun background - who likewise, would like to know more about Sifu NG Chun Hong.

So the aim of this recording is to try to share with you some further information about this fascinating man. To do so, I would like to begin with some background surrounding Wing Chun.

Historically, Wing Chun was handed down to an elite few. Several of the early descendants of Wing Chun were officials with the police.

For instance, both YIP Man and JIU Wan worked in the police force.
(you can surf the internet for further information about YIP Man & JIU Wan).

While working in the police force, YIP Man and JIU Wan kept their Wing Chun training under a low public profile.

And working in this capacity, they met several situations where they were able to apply their skills in real combat situations.

However, their attempt to maintain low public visibility could not deter their fame from spreading throughout Fat Shan and shadding them as they fled from China to Hong Kong where they opened their own schools teaching Wing Chun to the general public.

Not wishing to get entangled in the political debates regarding who taught who and when, and who was whose Sifu, it is noted that while in Hong Kong, YIP Man's first generation of senior students included JIU Wan, LOK Yiu, WONG Sheung Leung, TSIU Sheung Tin and LEUNG Sheung.

NG Chun Hong studied Wing Chun with 3 of these 5 senior students of YIP Man, beginning with JIU Wan in 1960, followed some years later by LOK Yiu and later with WONG Sheung Leung.

NG Chun Hong also worked in the police and so for similar reasons as mentioned earlier, kept his Wing Chun training under a low profile.

(you can find a more detailed introduction to Sifu NG Chun Hong on his school's website: www.wingchun.hk.com).

In 1978, NG Chun Hong was certified by Sigung WONG Sheung Leung to teach Wing Chun.

The two calligraphy poems shown in this photograph were written by WONG Sheung Leung in 1979. One of the poems certifies NG Chun Hong's status as Sifu. The other poem certified Sifu NG's school as a place to learn Wing Chun.

However, due to the nature of Sifu NG's work in the police, his school was low key, in other words 'closed door').

Sifu NG worked as a Detective Sergeant for the Organised and Serious Crimes Unit, an elite division of the Criminal Intelligence Bureau - a wing of the Royal Hong Kong Police Force. Persons familiar with this special police task force – the Organised and Serious Crimes Unit - would know the type of criminals Sifu NG had to deal with on a day to day basis.

Sifu NG's police colleagues would often recite incidents where Sifu was in 'life-or-death' situations, and where there was no time to pull his gun and he had to revert to his Wing Chun techniques to restrain his suspects, often serious triad criminals.

And while back at the police station, Sifu NG's encounters were the talk of the office. There were also incidents where Sifu NG's techniques resulted in saving not only his own life but that of his fellow workers.

On each of these occasions, Sifu NG would respond modestly and humbly, stating that the method he used to control and subdue his assailants just happened by luck or accident.

I immigrated to Hong Kong in 1993, and during my 14 years in Hong Kong, Sifu has consistently kept a relatively low profile.

After retiring from the police force in 1999, Sifu NG was asked to open the door to his already established school.

The NG Chun Hong Wing Chun Association has received an increasing number of inquiries and overseas visits from Wing Chun practitioners and practitioners of other Martial Arts background, many of whom would revisit Sifu's school as regularly as they could.

Sifu has also travelled to various countries providing seminars and workshops internationally.

Sifu's students (my brothers at the NG Chun Hong Wing Chun Association) have released the occasional video footage of Sifu on the internet, but these footages in no manner are a complete reflection of Sifu's Wing Chun standard.

We would often plead with Sifu to promote his name further and his unique flavour of Wing Chun. But Sifu would reply, "my student's are a reflection of my standard". Some of the senior students, to name a few, would include – and in no specific order – A' Gum, A'Kwan, Gerard, and A'Lau (a.k.a. Alan). (you can also find some footages of some of my senior's on the internet).

It is of my personal opinion that Sifu has managed to blend the principles that he learnt to an extraordinarily proficient standard, where he is able to naturally apply effectual Wing Chun techniques with clinical precision, fluidity, finesse and effectiveness – using theories, techniques and concepts based on traditional YIP Man Wing Chun.

I immigrated to Canada in 2009 and started teaching Wing Chun. The Wing Chun that I teach is fully committed to the NG Chun Hong Wing Chun system – which in turn, is based on authentic YIP Man Wing Chun.

Although given the opportunity or option I would by far rather be back in Hong Kong furthering my studies with Sifu, I am hoping that my teachings here will not only help to increase the visibility of Sifu, but also further spread the art of Wing Chun in the way I believe it should be taught.

Besides commenting on Sifu's Wing Chun background and his Wing Chun skills, I can honestly say that Sifu NG is a kind and good-hearted man, with a great sense of humour (you can often hear students laughing at his jokes). Some people however, might find Sifu's teaching style somewhat strict, but that I guess is due to a reflection of his deep passion for Wing Chun and his aim to help pass his knowledge of this Art on to students as best as he can.

Although Sifu applied his Wing Chun to diffuse many violent encounters, Sifu has consistently stated that Wing Chun should not be abused nor used to unfairly hurt or injure people.

It is also of my opinion that Wing Chun – even though it is categorised as a fighting system - can be studied in its entirety without the need to use it for ungodly purposes. Wing Chun, like other Martial Arts, can be used, with confidence and control, to protect family, friends and fellow citizens from violent assailants.

Looking at the term 'Martial Art', the "Art" element of this term comes into play when the practitioner is also able to skillfully trap, control, diffuse and/or apply minimal injury to an attacker without the need to unjustly/spitefully hurt someone. The 'Art' element is a skill that takes many years to learn. While the 'Martial' element can be learnt over a relatively short time. This is what differentiates the 'Martial' part from the 'Art' part. This reminds me of a phrase I have heard Sifu use many times, wording to the effect of "if your purpose to learn Wing Chun is to just fight and beat people, why spend so much effort, time and money – when you could just get a gun".

So, closing, I hope this recording has met its purpose in trying to shed a little bit more light on Sifu NG Chun Hong.

Marvon Wilkinson,
15 March 2010.

Translated from video posted on www.youtube.com

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- [Wing Chun, about Sifu NG Chun Hong - Part 2 of 2](#)