

My Sifu, NG Chun Hong.

While living in Hong Kong, I was fortunate to spend the majority of my Wing Chun training under the close guidance and supervision of Sifu NG Chun Hong (www.wingchun.hk.com) where Wing Chun was taught to me and my brothers in its purest, authentic and traditional form.

A student must give homage to his Sifu and it is for this reason, I have decided to publish this article. I know my Sifu would reprimand me for what I am about to say, but in all respect, to date I have not seen any other Wing Chun Sifu whose skills and knowledge of Wing Chun theories and techniques can be categorised alongside those of Sifu NG Chun Hong this is entirely based on my personal subjective experiences.

Sifu NG Chun Hong studied Wing Chun under JIU Wan, LOK Yiu and WONG Sheung Leung (comprising 3 of the 5 notable First Generation Senior Students of YIP Man).

Sifu NG Chun Hong's teachings adhere to what he was taught by his Sifu's i.e. traditional Wing Chun.

Thus is the lineage of NG Chun Hong Wing Chun.

Sifu NG Chun Hong has managed to blend the principles that he learnt to an extraordinarily proficient standard, where he is able to naturally apply "deadly" Wing Chun techniques with clinical precision, fluidity, finesse and effectiveness – using theories and techniques based on YIP Man Wing Chun.

Sifu NG Chun Hong's senior students are also a prime example of his distinctive Wing Chun standard. (www.wingchun.hk.com).

Marvon Wilkinson.